



2024 INFORMATION BOOKLET



**Two Free
Trial Classes
for New Members**



keyzpark.com



keyzparkcc@gmail.com

IMPORTANT CONTACTS

EXECUTIVE COMMITTEE

President	Robyn Meikle	0488 773 959
Secretary	Lauren Hunter	0404 220 652
Treasurer	Di Johnson	0431 539 265
Club Admin	Di Hay	0407 887 896

COACHING TEAM

All coaches at Keyzpark are fully trained and qualified in accordance with the Victorian Calisthenics Coaches Association (VCCA). Coaches are required to continually update their skills, including first aid and working with children check.

Principal Coach	Elise Logan	0400 939 200
Tinies	Ainslee Smyth	0400 611 521
	Di Johnson	0431 539 265
Sub Juniors	Ainslee Smyth	0400 611 521
	Ashleigh McGinley	0468 793 566
Juniors	Elise Logan	0400 939 200
	Jasmine Smith	0434 649 821
Intermediates	Hayley Grindley	0401 398 471
Seniors	Elise Logan	0400 939 200
Masters	Di Hay	0407 887 896
	Ronice Ritter	0418 612 545
	Michelle Simkhayeva	0423 493 929
Solos	Ainslee Smyth	0400 611 521
	Elise Logan	0400 939 200
	Di Hay	0407 887 896
	Jasmine Smith	0434 649 821
	Michelle Simkhayeva	0423 493 929
	Shannon Wilkinson	0423 044 787

TEAM MANAGERS

Each section has a Team Manager. The Team Manager is your first point of contact. They will be able to answer your questions and will communicate information throughout the year.

Group	Name	Contact number
Tinies/Tiny Tots	Ashleigh	0468 793 566
Sub-Juniors	Carla	0434 121 467
Juniors	Claire	0419 502 837
Intermediates	Lauren	0404 220 652
Seniors	Jenny W	0404 012 209
Masters	Danielle	0411 021 211

WEEKLY CLASSES

LOCATION

Noble Park Community Centre - Memorial Drive Noble Park

DAY AND TIMES

Group	Age (as of 31/12/2024)	Day	Time	Start
Tinies	3 – 7 yrs	Saturday	9:00 – 10:30am	3 rd Feb
Sub-Juniors	8 – 10 yrs	Saturday	10:30 – 1:30pm	3 rd Feb
Juniors	11 – 13 yrs	Tuesday	4:30 – 7:30pm	6 th Feb
Intermediates	14 – 17 yrs	Thursday	4:30 – 7:30pm	1 st Feb
Seniors	16 yrs plus	Tuesday	7:00 – 10:00pm	30 th Jan
Masters	26 yrs plus	Thursday	7:30 – 9:30pm	8 th Feb

ATTENDANCE

Calisthenics is a team sport, because of this, it is important that all participants attend every class for the year. Punctuality is also important. We do understand that this is not always possible, so if for any reason you are unable to attend a class, please notify your coach or team manager as soon as possible.

SCHOOL HOLIDAYS

Classes are held weekly between February and November to maintain continuity. Classes continue through most of the school holidays. Coaches/Team managers will advise of school holiday and public holiday class times. Due to unforeseen circumstances, class times may be altered. A minimum of 40 regular classes will be offered.

Easter weekend: No Tinies or Subbies class

CLASS ATTIRE

Pupils are required to come to class appropriately attired, with correct equipment ready to start on time. Please note for safety reasons, baggy or loose clothing will not be permitted.

For class, pupils should wear / bring the following:

- Leotard (preferably black)
- Tights (optional, but must be footless) or bike shorts
- Crossover/fitted top (optional, but must not be loose)
- Boys to wear black t-shirt and shorts/pants
- Hair must be tied back
- Minimal jewellery
- No shoes are required
- Clubs, Rod and Practise skirt (issued when applicable)

THINGS TO KNOW

Please take note of the following:

- Pupils need to be dressed and ready to commence class on time.
- Pupils (under 18) are not to leave the class unless accompanied by a parent or guardian (who has signed them out).
- Please do not leave brothers/sisters who are not participating in the classes at the hall without parent/guardian supervision.
- Please contact your coach or team manager if you are unable to attend class for any reason.
- Pupils may be given rods, clubs and practise skirts to use throughout the year. These pieces of equipment remain the property of Keyzpark and must be returned at the end of the year. A fee will be charged for any loss or damage to these items. These items will be cleaned and sanitised before next use.

COMPETITIONS AND OTHER EVENTS

SOLO CONCERT AND TEAM PRESENTATION NIGHT

This is the first whole club event for the year, which is usually held in April or May. All teams are introduced on stage and our soloists will also present their physical or graceful solo.

COMPETITIONS

Each team participates in competitions throughout the year. Competitions will take place from July to October. Competition dates are announced by Calisthenics Victoria in May. Teams participate in three to five competitions depending on age group. As this is a team sport, it is important that all pupils attend the competitions. More information will be made available throughout the year.

END OF YEAR SHOWCASE

The End of Year Showcase is to be held in October or November. All teams will perform at the concert. This a great experience for the club to showcase their work from the year. More information will be available throughout the year.

CLUB UNIFORM FOR COMPETITIONS

All sections from Sub Juniors to Masters, will be required to have a Keyzpark branded T-shirt and Keyzpark branded jacket to wear to competitions. Tinies are required to have a Keyzpark branded T-shirt and may wear a Keyzpark Jacket or plain navy jacket to competitions.

These items can be worn to class but not during class.

Other merchandise is available to be purchased directly from the supplier. Details will be provided in February/March.

FEE STRUCTURE

Fees include:

- CVI Registration
- Administration Fee
- Class Fees
- Costume Hire
- Camp (Juniors, Intermediates, Seniors & Masters)
- T-shirt (new members)
- Team Photos

CVI REGISTRATION FEE

Calisthenics Victoria Inc is the governing body of our sport. Each pupil is required to register with CVI and pay the registration fee of \$90. Instructions on how to register are in the next section.

KEYZPARK ADMINISTRATION FEE

An annual club administration fee of \$10 will be charged to all Keyzpark pupils upon registration.

COSTUME HIRE FEE

The costume hire fee is dependent on how many items per item.

Tinies	2-4 items	\$20 per item
All other teams	6 items	\$25 per item

Note – FAMILY DISCOUNT: for families with more than one member, paid by the same parent/guardian, the costume fee will be full price for the family member with the most expensive costume fee, and a 50% discount will be given to all additional family members.

CAMP FEE

Juniors, Intermediates, Seniors and Masters attend a camp in May. During this time our participants have a great time getting to know their team mates as well as other teams in the club. We will keep you informed of details once confirmed.

CLASS FEES (TOTAL OF 40 WEEKS)

Please note that fees must still be paid for the class even if you are unable to attend. This is to ensure that we still meet the hall hire, competition fees, costumes, club/rod hire etc.

	Cost per class	Pay in full by 28 th Feb *DISCOUNT	Pay in four instalments
Tinies	\$17	\$650	4 x \$170 = \$680
Sub-Juniors	\$22	\$850	4 x \$220 = \$880
Juniors	\$22	\$850	4 x \$220 = \$880
Intermediates	\$23	\$890	4 x \$230 = \$920
Seniors	\$24	\$930	4 x \$240 = \$960
Masters	\$20	\$770	4 x \$200 = \$800

***DISCOUNT FOR UPFRONT PAYMENT OF CLASS FEES**

During the registration process, you will be asked if you would like to pay upfront or in four instalments. To receive a discount of \$30, you will need to pay all class fees by February 28th.

KEYZPARK T-SHIRT

New members will need to buy a club T-shirt. Purchase details to be released late February.

TEAM PHOTOS

Teams will all have photos taken in their costumes. Dates for this will be confirmed later in the year. There will be a charge of \$20 for all participants. This covers the session with the photographer and digital access to all the photos for everyone.

OTHER COSTS

There may also be some additional costs throughout the year (ie skills exam, club merchandise, tights, body suits for comps, eyelashes etc), which will be invoiced as required. There can be some end of year expenses which you need to be aware of including photos and End of Year Showcase. Most of these costs are optional.

PAYMENT METHODS

Preference is for fees to be paid by Direct Deposit, directions of how to do this will be provided with invoice. You can setup Weekly/Monthly payments through your bank account to help make regular payments if needed.

- Direct Deposit: **Account Number** 319 945 **BSB** 033 380
- Credit Card: can be used for RevSport invoices (ie Registration)

Please Note: we will not be accepting cash payments. If you wish to pay by cash, you can go to any Westpac branch and deposit using the above account details

LATE PAYMENT FEE

All invoices are due to be paid within 14 days. Any accounts with invoices that are outstanding for longer than 30 days will incur a \$10 late fee.

To avoid a late payment fee, please contact keyzparkcc@gmail.com to arrange a payment plan.

TIMELINE OF FEES PAYABLE THROUGHOUT THE YEAR

Fee Type	Due Date	Cost
CVI Registration Fee	28 th February	\$90
Keyzpark Administration Fee		\$10
Solo (if applicable)	28 th February	\$352.50 classes + \$25 concert: Competitive \$235.00 classes + \$25 concert: Recreational
Class Fees Upfront (40 weeks minus \$30 discount)	28 th February	See class fee structure
Class Fees Instalment 1 (10 Weeks) Or Full amount to receive discount	28 th February	See class fee structure
Camp (if applicable)	30 th April	\$TBD: Juniors, Inters, Seniors and Masters only
Class Fees Instalment 2 (10 Weeks)	30 th April	See class fee structure
Costume Hire Fees	15 th July	\$20-25 per item
Class Fees Instalment 3 (10 weeks)	15 th July	See class fee structure
Team Photos	30 th September	\$20
Class Fees Instalment 4 (10 weeks)	30 th September	See class fee structure

You are welcome to setup weekly/monthly payments through your bank account to help make regular payments if needed.

2 FREE TRIALS

We offer two free trial classes so you can come along to Keyzpark and find out if calisthenics is right for you. It is a great time to join the other members and coaches and have a go at calisthenics at Keyzpark. It is also an opportunity to ask more questions.

To register for the free trial lessons, please use this link and then turn up on the appropriate day and time for your age group (see timetable above). <https://www.keyzpark.com/events/221134>

MEMBER ANNUAL REGISTRATION

After your two free trial classes, if you decide to continue, you will need to officially register. Registration for all members must be completed online using the following link: <https://www.keyzpark.com/registration>

During this process you will need to provide some basic details about the pupil to ensure they are registered and insured for 2024.

At the end of the registration process, you will be required to pay \$90. This is the CVI Registration Fee and is mandatory for all calisthenics pupils across the state. There will also be a \$10 club administration fee charged at this time.

Registration must be completed and paid within 2 weeks of your first class.

Full instructions for registration can be provided via email or a hard copy if required.

If you have any problems with this process, please speak to your Team Manager or email keyzparkcc@gmail.com. We can arrange for someone to help you navigate the process if you would like.

COSTUMES

Costumes are organised through the Club for use by competing teams.

Sewing at Keyzpark is kept to a minimum, and costumes are reused as much as possible. Some costumes, however, may require alterations or additions such as sequin or trimming, while some may need to be made from scratch. You will be given a set of instructions on what needs to be done. It is the parent's responsibility to attend class regularly to receive the instructions.

A costume hire fee will be invoiced.

All costumes remain the property of Keyzpark Calisthenics Club and must be returned at the completion of the end of year showcase. Costumes must not be worn for any other reason other than Calisthenics events. In the event that a costume is damaged or lost a replacement fee will be charged.

Please check with your team manager BEFORE laundering of costumes is attempted.

DATES TO REMEMBER

Specific dates and details will be provided closer to the event.

Event	Dates to be confirmed
Annual General Meeting	March
Solo Concert & Team Presentation	April
Camp	May
Dress Rehearsal	June
Photo Day	TBD
Presentation Day: Tinies, Subbies & Juniors	October
Presentation Night: Inters, Seniors, Masters & Life Members	November
End of Year Showcase	November

Easter weekend: No Tinies or Subbies class

CHILD SAFE STANDARDS AND WORKING WITH CHILDRENS CHECK

From 1 January 2017, the Victorian Child Safety Standards apply to sporting organisations that operate and provide sporting services to children within Victoria (including National Sporting Organisations). There are seven different requirements which make up the standards, and with which sports will be required to comply.

The standards relate to child protection within Keyzpark Calisthenics Club and include requirements to have practices, procedures and policies in place.

Keyzpark Calisthenics Club is committed to the safety of all children and has adopted and abides by the Calisthenics Victoria Incorporated Child Safe Policy and the Australian Calisthenic Federation National Member Protection Policy. In support of the changes to legislation, the club has made a declaration via a Statement of Commitment to Child Safety. This document can be viewed on our club website.

Amendments to the Victorian Working with Children Check (WWCC) came into effect on 1 August 2017.

Calisthenics Victoria Inc. and Keyzpark Calisthenics Club requires that any person over the age of 18 that is present in the dressing room of a competition or concert (includes parents/guardians dropping off/picking up), present back or side of stage and volunteering in any capacity for the club must hold a Current Working With Children Check. The WWCC must be registered with Keyzpark Calisthenics Club.

Victorian registered school teachers, Victoria Police officers or Australian Federal Police (AFP) officers do not require a WWCC. They must however; register their details with the Executive Committee of the club.

MORE INFORMATION

FOR MORE INFORMATION

email: keyzparkcc@gmail.com

website: keyzpark.com

POLICIES

It is important that all members take the time to read through the following documents which can be found online

<https://www.keyzpark.com/about/more-information/>

- Keyzpark Statement of Commitment to Child Safety
- Keyzpark Communication and use of technology policy
- Keyzpark Child Safe Policy
- Keyzpark Child Safe code of conduct
- ACF General Codes of Conduct
- ACF Parent Codes of Conduct
- ACF Participant Codes of Conduct
- ACF Member Protection Policy
- COVID Safe Plan